LISTENING GUIDE: WEEK FIVE INVITE GOD INTO YOUR SUFFERING PSALM 142

1. Cry out to God in both your	and your		. He's listening. (vs. 1-2)	
2. Even when things seem	, don't	give up. God	the way. (vs. 3-4)	

3. Seek God as your	He will deal	with you. (vs. 5-7)	