



ON FIRE

EXPERIENCING LASTING
GODLY CHANGE

PART 3 OF 3
IN THE **BE TRANSFORMED** SERIES



EXPERIENCING LASTING
GODLY CHANGE

HARVEST BIBLE CHAPEL PEORIA
401 CIMMERON DR.
EAST PEORIA, IL 61611
309.713.1700
WWW.HARVESTPEORIA.ORG

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A NOTE FROM PASTOR TIM

Dear Harvest Family,

What an **adventure** we have been on this ministry year! We will be digging deep into the awesome **character of our God** and His amazing plan of **life transformation** for us.

All too often we hear the **Bible** used as a tool to manipulate shame or control behavior. But that is not God's purpose. He has unfolded **a story** that includes His love, His power, His presence, and His glory. He has revealed to us how He will work in the **broken hearts of man** to put on display **His awesome glory**.

Our job: to **worship** Him and to **be transformed!** Two steps with one end goal. The call to worship is our call to action. The call to be transformed is in the passive form and is a call to humble submission.

In a **3-part series** we have looked at our **identity** in Him, our **struggle** with self, and how we can experience lasting God-honoring **victory** and change.

This **third series** now walks us through a **life altering journey**. We will learn **to not simply muscle** changes in our life, controlling external behaviors. It is time for us to **partner with God** as He does the work of **heart transformation**, one degree of glory at a time.

I am praying that you are stunned by His greatness, humbled by His holiness, and transformed by His glory. May God rock you this ministry year!

In Him,

Pastor Tim



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 **THE PRAYER**

No endeavor should be undertaken without bathing the decisions and steps in prayer. Our request is that each Sunday service, each time in daily reading, and each Impact Group night will have these requests as a focus.

My Prayer Goals

- Make the name of Jesus Christ famous (1 Jn. 1:2)
- Grasp the greatness of my God (Ps. 145:3-7)
- Be unified as one body (Eph. 4:1-6)
- Drink deeply of abundant joy in my God
(2 Cor. 8:2)
- Glorify God as I am shaped by Him (1 Cor. 10:31)
- Identify what in me needs to be transformed
(Ps. 139:23-24)
- Repentantly hand over all of me to Him
(2. Cor. 3:16-18)

 **THE PLAN**

So what's the plan? Glad you asked. The next couple of months are designed to walk us as a body through a divine adventure. Our sermons, Impact Group times, and daily reading plans will all dovetail. Total immersion in one direction... God being glorified in the end!

This booklet will be your road map. Each day of each week is completely defined within this booklet. This and your Bible are all you will need for the next two months.

So here is what we are asking you to do...

Your Steps

- Attend Sunday service each week
- Attend Impact Group
- Read the Bible each day from the daily reading plan
- Allow God to stir your heart



The Purpose



week 1

True heart transformation is about so much more than self-pleasure or comfort. It is about us healed and Him glorified!



SERMON NOTES
THE PURPOSE: GOSPEL DEEP
ROMANS 16:25-27

Intro:

1. We _____ Him who is _____ (25, 27)

2. He strengthens with a _____

a. According to the good _____ (25)

b. According to the revealed _____ (25)

c. According to His eternal _____ (26)

3. He _____ with purpose... _____ of faith (26)

Reading plan

MONDAY	<input type="checkbox"/>	Colossians 1:15-29 - Proclaim the mystery
TUESDAY	<input type="checkbox"/>	Romans 11:33-12:2 - He is unsearchable
WEDNESDAY	<input type="checkbox"/>	Ephesians 1:1-14 - The purpose of His will
THURSDAY	<input type="checkbox"/>	Ephesians 3:14-21 - To Him who is able
FRIDAY	<input type="checkbox"/>	2 Cor 3:16-18; Phil 2:12-16 - Transformation Triangle



IMPACT GROUP QUESTIONS

Opening: Read Romans 16:25-27. From this passage, what truths impacted you the most?

1. Share a time when you experienced God's strength in the midst of your weakness. In what way did God strengthen you in that time?

3. In what area(s) of your life (relationships/attitudes/actions) do you need to let God strengthen you?

2. What hope do the following passages give you about God's strength?

a. John 1:1-5

4. How does our obedience reveal the genuineness of our faith?

b. Romans 11:33-36

Application: In what areas of your life do you struggle with obedience? What is one step you'll take towards obedience?

c. Ephesians 3:14-21

d. Colossians 1:15-20



The Plan

week 2

True heart transformation can only occur with a power so forceful it also was used to speak this world into existence. Let God unleash His power in you!



SERMON NOTES

THE PLAN: TRANSFORMATION TRIANGLE 2 CORINTHIANS 3:16-18; PHILIPPIANS 2:12-16

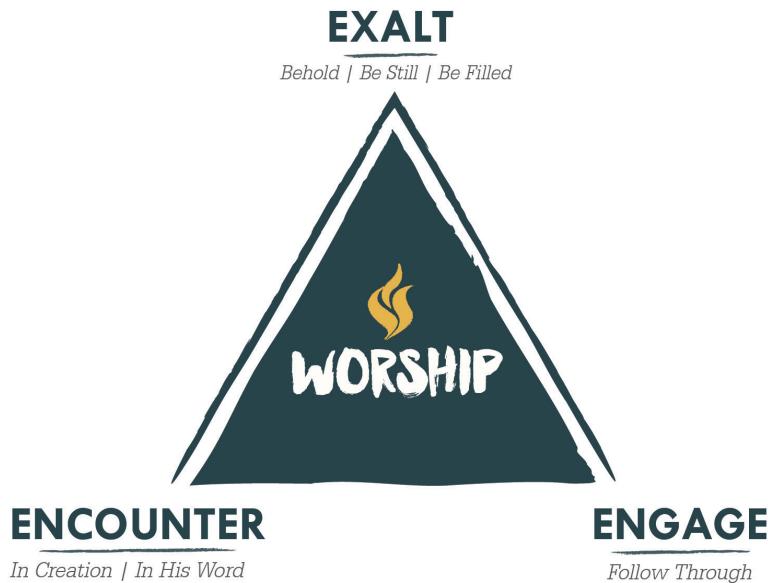
Intro:

1. We must bask in the _____ of the Holy Spirit to experience true heart _____ (2 Cor. 3:16-18)

3. _____: True growth requires God's power unleashed upon our heart (Phil. 2:13)

2. _____: True growth requires our worshipful _____ (Phil. 2:12)

4. _____: True growth is directed by the revealing of God in His _____ (Phil. 2:14-16)



Reading plan

MONDAY	<input type="checkbox"/>	Psalm 57:1-11 - Be exalted, O God!
TUESDAY	<input type="checkbox"/>	Philippians 1:1-11 - He will complete His work in you
WEDNESDAY	<input type="checkbox"/>	Philippians 2:1-11 - Follow His example
THURSDAY	<input type="checkbox"/>	John 15:1-11 - Abide in Him
FRIDAY	<input type="checkbox"/>	Psalm 19:1-6 - Encounter Him in creation



IMPACT GROUP QUESTIONS

Opening: Read 2 Corinthians 3:16-18 and Philippians 2:12-16. From these passages, what truths impacted you the most?

1. Where have you seen God transforming you over the past year?

a. What is God's role in our transformation?

b. What is our role in our transformation?

c. Why do we try to muscle our way through transformation?

d. How do we try to muscle our way through transformation?

2. How/Why does our “basking” in the glory of God lead to true heart transformation?

3. What do the following verses say about the way we live out our faith?

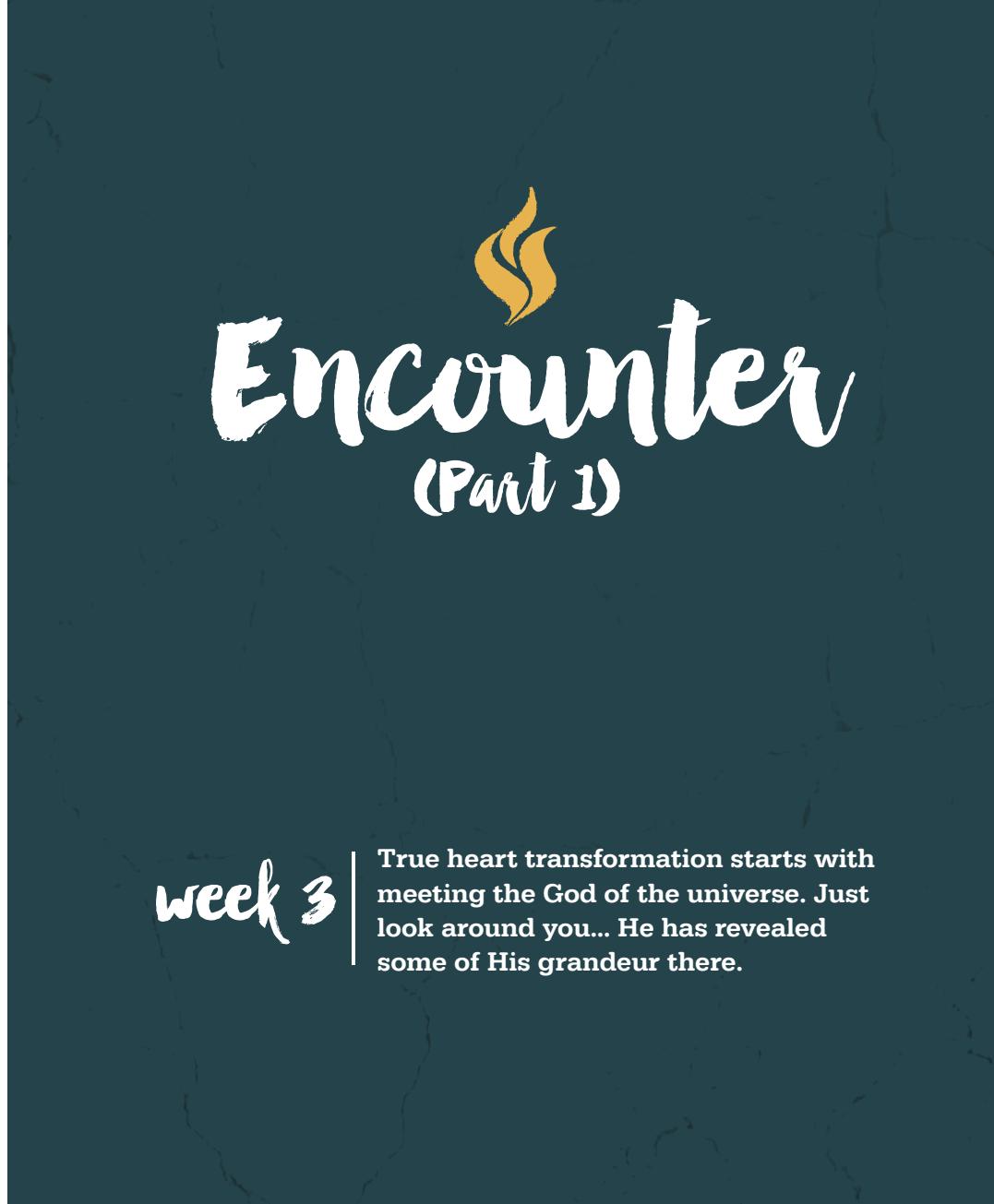
a. Psalm 57:7-10

b. Philippians 2:1-4

c. 1 Peter 4:8-11

4. Which of the three areas (Engage/Exalt/Encounter) is your strongest? Which is your weakest?

Application: What things have you been grumbling and complaining about where you need God to transform your heart? How will you hand those over to God?



Encounter

(Part 1)

week 3

True heart transformation starts with meeting the God of the universe. Just look around you... He has revealed some of His grandeur there.



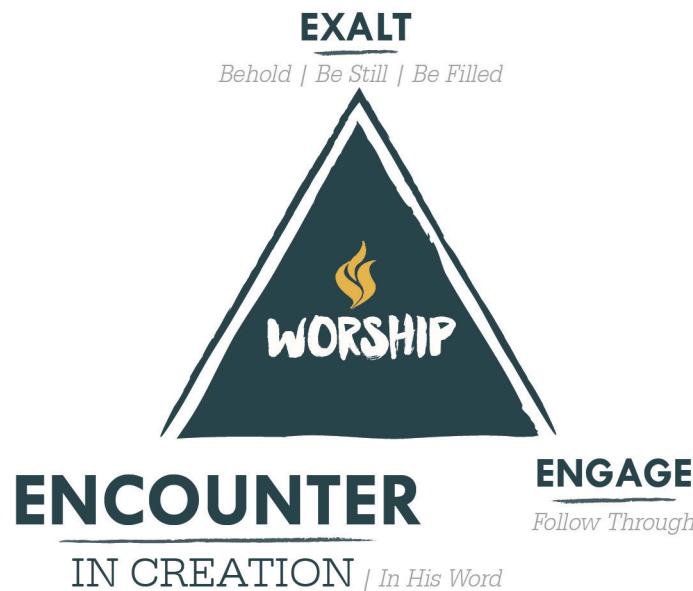
SERMON NOTES

ENCOUNTER: SEEING HIM IN HIS HANDIWORK

PSALM 19:1-6

Intro:

1. _____: His _____ declares His glory (1)



2. _____: His creation is a speech without _____ that is declared everywhere (2-4)

3. _____: His character is revealed in the majesty of
_____ (5-6)

Reading plan

MONDAY ■

Genesis 1:1-31 - *In the beginning God created*

TUESDAY ■

Isaiah 25:1-12 - *Encounter His salvation*

WEDNESDAY ■

Romans 1:16-23 - *His creation reveals His glory*

THURSDAY ■

Psalm 95:1-11 - *Kneel before your Maker*

FRIDAY ■

Psalm 19:7-14 - *Encounter Him in His Word*



IMPACT GROUP QUESTIONS

Opening: Read Psalm 19:1-6. From this passage, what truths impacted you the most?

1. In regards to verse 1:

a. List some facets of God's creation that stir up your worship.

3. How can you use God's creation as a tool to share the Gospel?

b. How do they help you to worship?

c. What are some ways you can ramp up your worship in this area?

4. What do you learn about the character of God from Psalm 19:1-6?

2. What do the following verses teach you about the significance of God's creation?

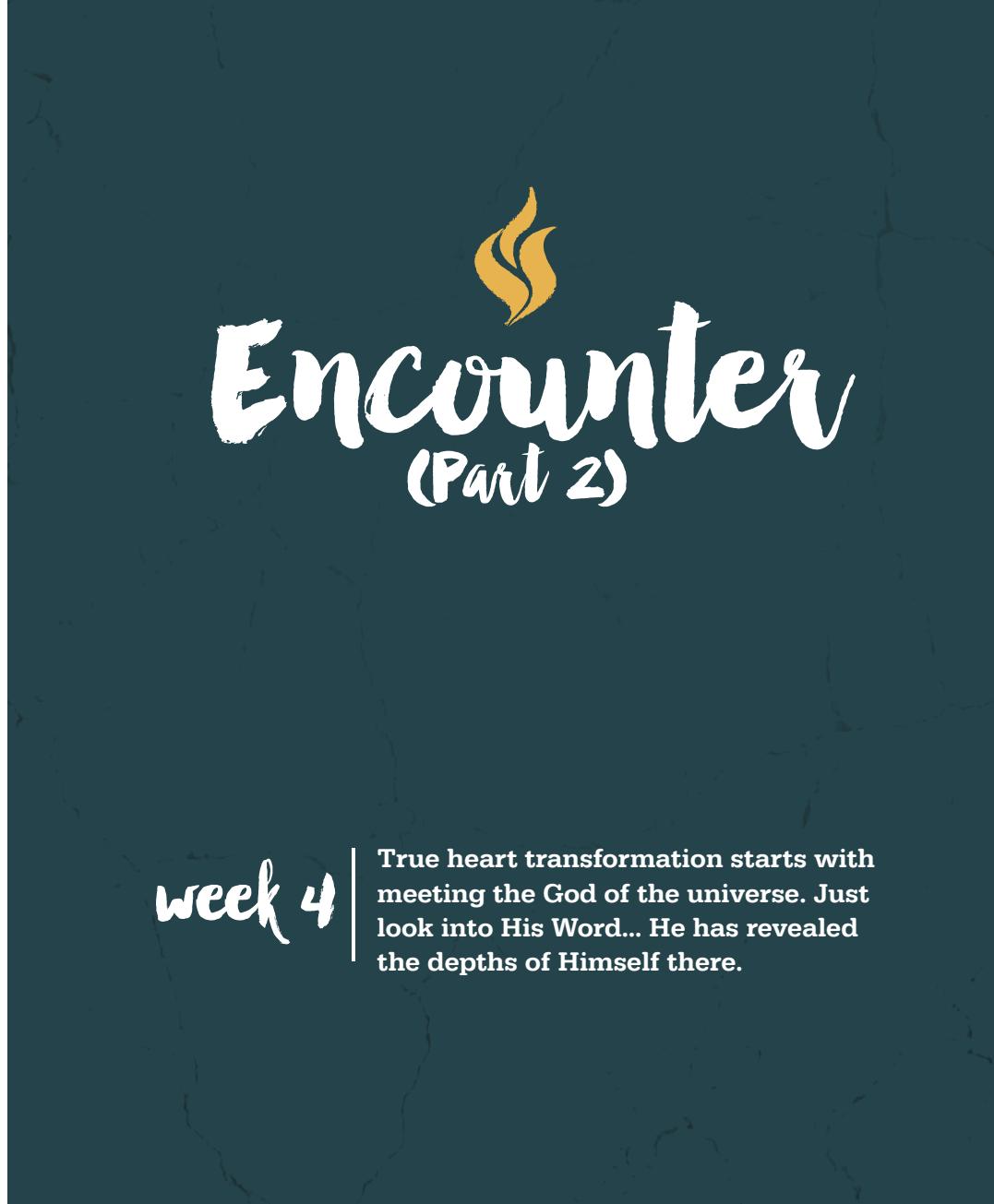
a. Psalm 95:4-5

Application: How are you doing at giving honor to God for His power and majesty? What obstacles do you need to set down in order to give Him more honor?

b. Isaiah 43:18-20

c. Romans 1:20

d. Hebrews 11:3



Encounter

(Part 2)

week 4

True heart transformation starts with meeting the God of the universe. Just look into His Word... He has revealed the depths of Himself there.



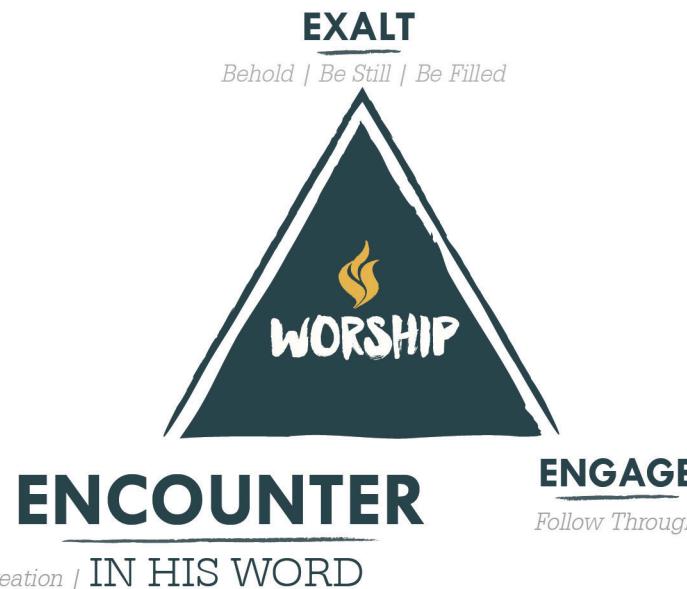
SERMON NOTES

ENCOUNTER: SEEING HIM IN HIS WORD

PSALM 19:7-14

Intro:

1. _____: _____ my King. _____ His Word (7-9)



2. _____: _____ my King. _____ His Word (10-11)

3. _____: _____ my King. _____ His Word (12-14)

Reading plan

MONDAY	<input type="checkbox"/>	Psalm 1:1-6 - Delight in His Word
TUESDAY	<input type="checkbox"/>	Psalm 119:1-16 - I store Your Word in my heart
WEDNESDAY	<input type="checkbox"/>	Psalm 119:33-50 - Teach me Your Word
THURSDAY	<input type="checkbox"/>	Jeremiah 23:16-32 - Speak His truth
FRIDAY	<input type="checkbox"/>	Psalm 139:1-24 - Exalt by beholding His greatness



IMPACT GROUP QUESTIONS

Opening: Read Psalm 19:7-14. From this passage, what truths impacted you the most?

3. Go over the 4 steps to a power time in the Word.

a. Which step is most challenging to you? Why?

1. Why do we get so intimidated by studying God's Word?

b. Which step seems easy to you? Why?

c. What is one way you can go after growth in this area?

2. From Psalm 19:7-10:

a. What qualities are listed about God's Word?

Application: What areas of your speech ("words of my mouth") or attitude ("meditation of my heart") do you need to ask God for transformation?

b. What benefits are listed about God's Word?

c. Which benefit resonates the most with you? Why?

What steps will you take to encounter God in His word?

d. How have you seen these benefits in past circumstances or a current circumstance?



ADDITIONAL NOTES



week 5

True heart transformation requires stepping into passionate exaltation of the God you have encountered. Praise, thank and confess.



SERMON NOTES

EXALT: BEHOLD HIM
PSALM 139:1-24

Intro:

1. _____: He _____ every detail of my life and _____ supreme (1-6)

EXALT

BEHOLD | *Be Still | Be Filled*



ENCOUNTER
In Creation | In His Word

ENGAGE
Follow Through

2. _____: He is _____ everywhere and I am never left _____ (7-12)

3. _____: He has intricately _____ me with great purpose (13-18)

4. _____: He is _____ than all others, and His eternal ways are _____ for me (19-24)

Reading plan

MONDAY	<input type="checkbox"/>	Psalm 27:1-14 - Teach me Your way, O LORD
TUESDAY	<input type="checkbox"/>	Psalm 94:1-23 - He knows my thoughts
WEDNESDAY	<input type="checkbox"/>	Acts 17:16-31 - In Him we live and move
THURSDAY	<input type="checkbox"/>	Romans 8:12-30 - He searches and knows
FRIDAY	<input type="checkbox"/>	Psalm 46:1-10 - Exalt by being still before Him



IMPACT GROUP QUESTIONS

Opening: Read Psalm 139:1-24. From this passage, what truths impacted you the most?

1. Think of a situation/struggle you're currently going through. Looking over the passage, what character traits of God give you hope in this situation or struggle?

3. Psalm 103:5 says, God "satisfies you with good so that your youth is renewed like the eagles." What obstacles keep us from believing that centering our lives on God is satisfying?

2. What do the following passages tell you about God's character?

a. Psalm 27:4-10

4. Why is it difficult to pray verses 23-24? Pray through these verses. Is there an area in which God is revealing a need for confession?

b. Psalm 94:17-19

Application: In what area of your life are you afraid that God won't satisfy you? What steps will you take to surrender it to Him?

c. Romans 8:26-30



ADDITIONAL NOTES



Exalt (Part 2)

week 6

True heart transformation requires stepping into passionate exaltation of the God you have encountered. Stop fighting and drop your arms.



SERMON NOTES

EXALT: BE STILL BEFORE HIM

PSALM 46:1-11

1. Seek a whole, _____ heart in Him

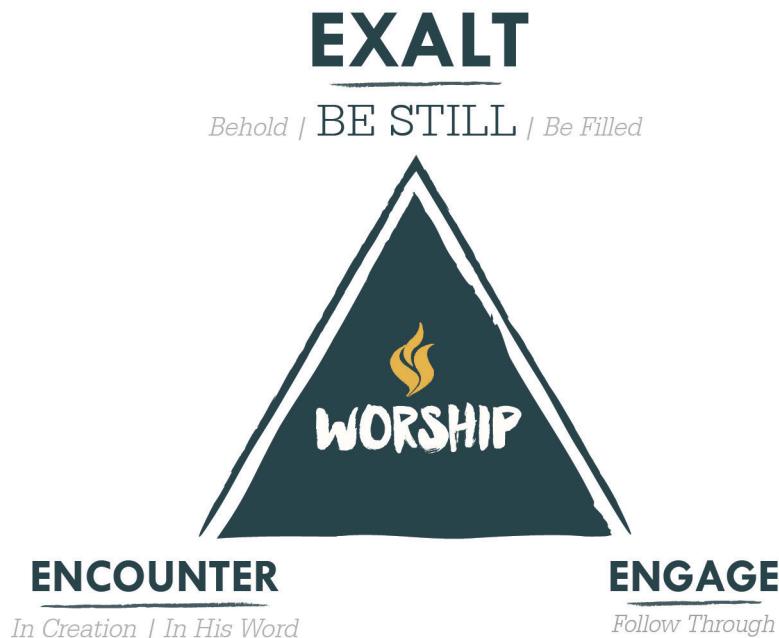
Intro:

a. _____/Not self-protection (1-3)

b. _____/Not self-gratification (4)

c. _____/Not self-pity (5)

d. _____/Not self-rule (6-7)





SERMON NOTES



ADDITIONAL NOTES

2. Stop _____ and _____ Him as God (8-11)

Reading plan

MONDAY	<input type="checkbox"/>
TUESDAY	<input type="checkbox"/>
WEDNESDAY	<input type="checkbox"/>
THURSDAY	<input type="checkbox"/>
FRIDAY	<input type="checkbox"/>

- Exodus 14:1-31 - *The Lord will fight for you*
Psalm 62:1-12 - *My soul waits for God*
1 Samuel 17:19-49 - *The battle is the Lord's*
2 Samuel 22:1-20 - *The Lord saves*
Ephesians 5:15-21 - *Exalt: Be filled with the Spirit*



IMPACT GROUP QUESTIONS

Opening: Read Psalm 46:1-11. From this passage, what truths impacted you the most?

1. What is the most distracting thing in your life right now?

3. What is hindering you (a wrong belief; sinful attitude; the past) from trusting, being satisfied, having hope and surrendering in the above areas?

2. In what area(s) of your life do you need to...

a. ...trust God, and stop worrying about self-protection?

4. What truths about God will help you to choose trust, satisfaction, hope and surrender? (If there is a particular scripture that helps you with this, please share it.)

b. ...be satisfied in Him, not yourself?

5. What commands and promises from Psalm 46:1-11 help you to “Be still” or to “cease striving”?

c. ...put your hope in Him and not sit in self-pity?

Application: In what ways or situations have you been fighting God? And how do you need to drop your arms in submission to Him and His plan?

d. ...surrender your plans to Him and quit ruling yourself?



ADDITIONAL NOTES



Exalt (Part 3)

week 7

True heart transformation requires stepping into passionate exaltation of the God you have encountered. Continually allow the Spirit to have full control.

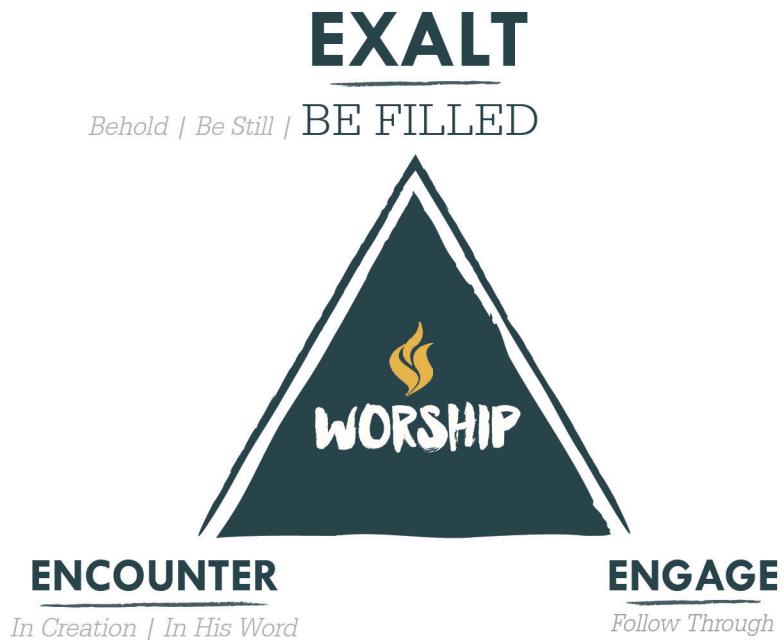


SERMON NOTES

EXALT: BE FILLED WITH HIM
EPHESIANS 5:15-21

1. _____ wisely (15-17)

Intro:





SERMON NOTES



ADDITIONAL NOTES

2. Allow the Spirit to _____ your life (18-21)

Reading plan

MONDAY	<input type="checkbox"/>	John 14:15-31 - <i>The Spirit is our Helper</i>
TUESDAY	<input type="checkbox"/>	John 16:1-15 - <i>The Spirit will guide you</i>
WEDNESDAY	<input type="checkbox"/>	Ephesians 4:1-16 - <i>Walk in a worthy manner</i>
THURSDAY	<input type="checkbox"/>	Ephesians 4:17-32 - <i>Do not grieve the Spirit</i>
FRIDAY	<input type="checkbox"/>	1 Timothy 4:6-16 - <i>Engage: Follow through</i>



IMPACT GROUP QUESTIONS

Opening: Read Ephesians 5:15-21. From this passage, what truths impacted you the most?

1. Verse 15 says to “look carefully” at how we’re living, and verse 21 talks of “submitting to one another.”

a. What fears do you have about being accountable?

b. What struggles do you have about holding others accountable?

2. Read James 3:13-18.

a. List and define the character traits of “wisdom that is not from above.”

b. List and define the character traits of Godly wisdom.

3. In the following examples, how would a person respond in Godly wisdom vs. worldly wisdom?

a. A co-worker starts gossiping about another co-worker who you find difficult to like.

b. You feel that someone close to you is treating you unfairly.

4. Read the following verses and answer the following:

John 14:26

Romans 8:26

John 16:12-13

Ephesians 4:30

a. What is the role of the Holy Spirit?

b. How is this an encouragement/help to you?

Application: Which of the steps to being filled with the Spirit is your biggest challenge? What steps will you take to overcome that?



week 8

True heart transformation requires complete follow-through. Application that affects actions and speech will sharpen the soul.



SERMON NOTES

ENGAGE: FOLLOW THROUGH

1 TIMOTHY 4:6-16

1. _____ yourself for godliness (6-8)

Intro:



2. Set your _____ on the living God (9-10)

3. Set an _____ in speech, conduct, faith, love and purity (11-16)

Reading plan

MONDAY	<input type="checkbox"/>	Micah 6:1-8 - <i>He has shown you</i>
TUESDAY	<input type="checkbox"/>	Acts 20:17-38 - <i>Pay careful attention</i>
WEDNESDAY	<input type="checkbox"/>	2 Timothy 2:14-26 - <i>Pursue godliness</i>
THURSDAY	<input type="checkbox"/>	Titus 2:1-15 - <i>Model godliness</i>
FRIDAY	<input type="checkbox"/>	Hebrews 10:19-25 - <i>Draw near</i>



IMPACT GROUP QUESTIONS

Opening: Read 1 Timothy 4:6-10. From this passage, what truths impacted you the most?

1. If someone followed you around for a week, what would they say you are “training” for?

4. Give examples of how we do and don’t model Christ in our:

a. Speech

b. Conduct

c. Faith

d. Love

e. Purity

5. Read 2 Timothy 2:22-26.

a. What does God want us to avoid?

2. List some ways we can train ourselves for godliness.

b. What does God want us to pursue?

c. What reasons are given for avoiding/pursuing these things?

3. What things do we set our hope on instead of God?

Application: Think of those who you are closest to. What kind of example are you setting for them? In what areas do you need God’s help to better set an example in speech, conduct, faith, love and purity? What steps will you take to pursue those?

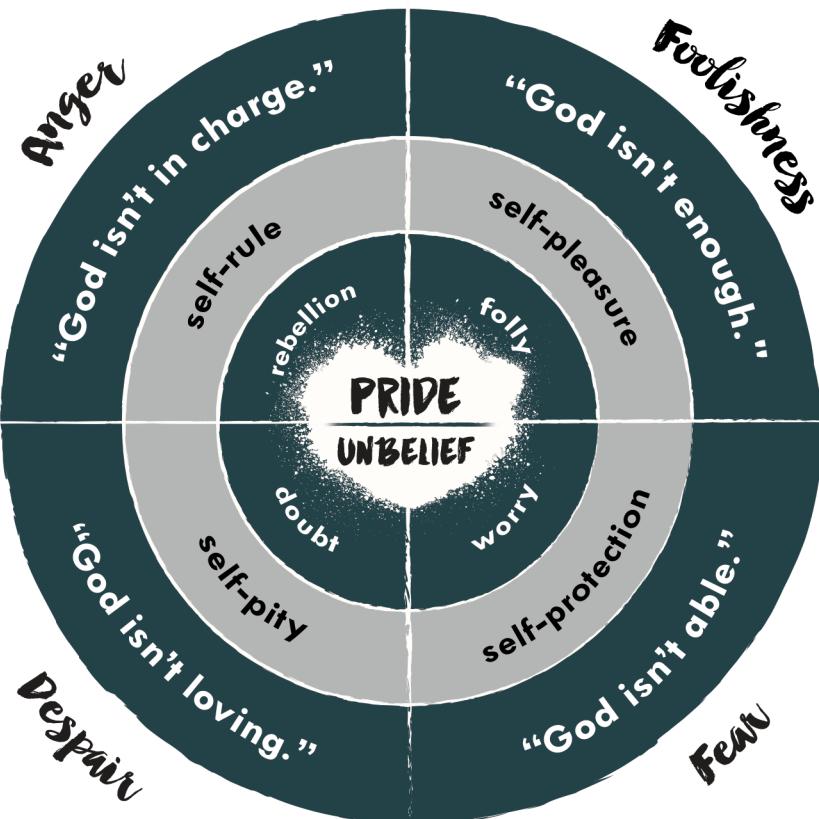


ADDITIONAL NOTES

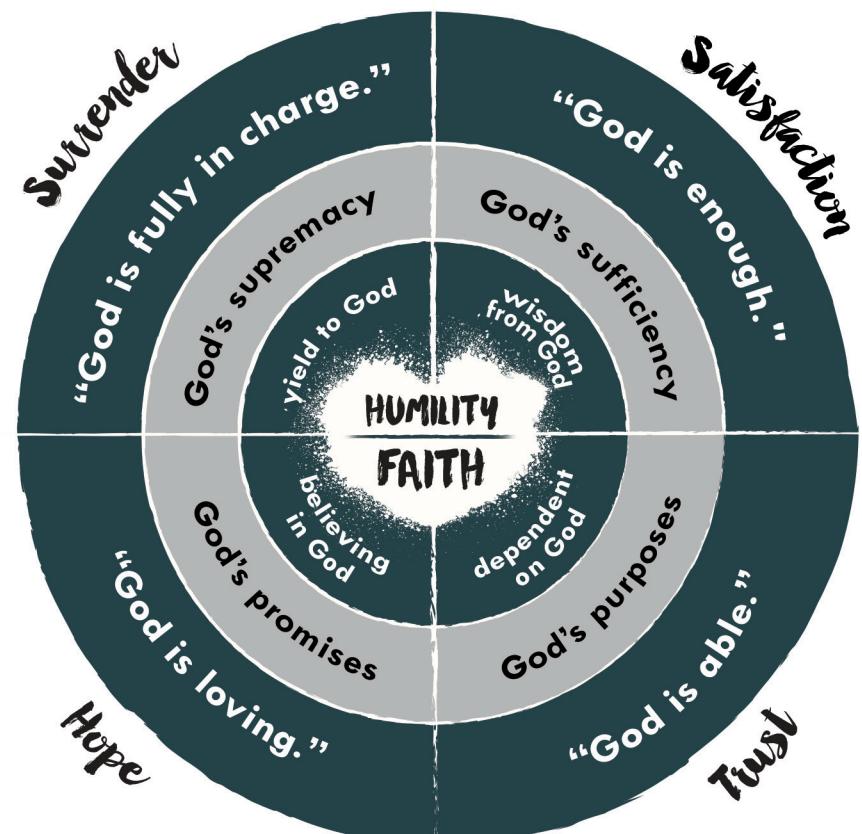


Additional Tools

UNRESTORED HEART



RESTORED HEART





ADDITIONAL TOOLS

Steps to healing from Fear

Identify/Diagnose:

1. Do I become anxious when facing the unknown?
2. Do I fear that something bad will happen to me?
3. Do I resist giving up control in situations?
4. Do I get anxious about what others think of me?
5. Do I make decisions based on what pleases others?

Encounter:

Dig deep into God's Word and bathe in the glory of the God who protects, provides and can be trusted.

Ps. 139:1-24

Ps. 145:1-21

Rom. 8:21-30

Isa. 41:13

Isa. 42:10-17

Isa. 42:16

Ps. 18:1-19

Ps. 27:14

Ps. 46:1-10

Four questions to ask as you explore each passage above:

1. God's Character: Who is God in this passage?
2. God's Promises: What are His guarantees?
3. My Identity: Who does God say I am?
4. My Responsibilities: What steps am I to take?

Exalt:

Based on the truths found about God above:

- Behold (God as seen in passages above)
- Be Still (stop fighting, put down arms)
- Be Filled – Breathe

Inhale: Praise and Thank

Exhale: Confess

Engage:

- What purpose might God have in this?
- How might you face this fear with a full trust in God?
- Step out in trust



ADDITIONAL TOOLS

Steps to healing from Despair

Identify/Diagnose:

1. Do I struggle with having enough energy to do daily tasks?
2. Do I often feel sorry for myself?
3. Do I tend to isolate myself from other people?
4. Do I concern myself more with immediate relief from pain than with God's eternal plan?
5. Do I find it hard to believe that God's promises will help me?
6. Do I keep track of who has hurt me?

Encounter:

Dig deep into God's Word and bathe in the glory of the God who is good, loving and brings hope...

God is Good and Caring

- Ps. 34:1-22
- Ps. 130:1-8
- Ps. 23:1-11
- 2 Pet. 1:3-9
- Jos. 1:1-9

He is the Forgiving God – Immediately Forgiving

- Eph. 2:4-7
- Ps. 145:8-9
- Isa. 43:25
- 1 Jn. 2:1
- Rom. 8:1
- Ps. 103:10-12
- Ps. 145:13-20a

He is an Ever-Present Help in Trouble

- Phil. 2:13
- 1 Cor. 10:13
- Ps. 28:6-8
- Ps. 43:18-19
- Matt. 11:28-30

He Lavishes Upon Us

- Ps. 5:12
- Ps. 16:11
- Isa. 30:18-19
- Jm. 1:16-17
- Ps. 33:18-19
- Rom. 8:32
- Isa. 40:11
- Isa. 41:10
- Isa. 43:18-19

Four questions to ask as you explore each passage above:

1. God's Character: Who is God in this passage?
2. God's Promises: What are His guarantees?
3. My Identity: Who does God say I am?
4. My Responsibilities: What steps am I to take?

Exalt:

Based on the truths found about God above:

- Behold (God as seen in passages above)
- Be Still (stop fighting, put down arms)
- Be Filled – Breathe

Inhale: Praise and Thank

Exhale: Confess

Engage:

- What promises of God strike a chord with you?
- What is one step that you could prayerfully take today to address your circumstances?
- Take one step in hope, following your God.



ADDITIONAL TOOLS

Steps to healing from Anger

Identify/Diagnose:

1. Do I get easily irritated?
2. Do others comment that I say the right things, but in the wrong way?
3. Do I keep track of who has hurt me?
4. Do I struggle to forgive even when someone asks for forgiveness?
5. Do I focus more on my rights/desires than on others' needs?
6. Do I focus more on my rights/desires than on God's commands?

Encounter:

Dig deep into God's Word and bathe in the glory of the God who is the final authority and is absolutely sovereign.

Ps. 135:1-21

Isa. 45:1-7

Ps. 119:137-144

Ps. 18:25-36

Rom. 3:10-25

Phil. 2:1-11

Four questions to ask as you explore each passage above:

1. God's Character: Who is God in this passage?
2. God's Promises: What are His guarantees?
3. My Identity: Who does God say I am?
4. My Responsibilities: What steps am I to take?

Exalt:

Based on the truths found about God above:

- Behold (God as seen in passages above)
- Be Still (stop fighting, put down arms)
- Be Filled – Breathe

Inhale: Praise and Thank

Exhale: Confess

Engage:

- Name 2 or 3 authority figures God has placed over you.
- Surrender to your God and those He has placed in authority over you.



ADDITIONAL TOOLS

Steps to healing from Foolishness

Identify/Diagnose:

1. Do I concern myself most with personal happiness and comfort?
2. Do I feel like something other than God has control over me?
3. Do I concern myself more with immediate relief from pain than with God's eternal plan?
4. Do I ignore wise counsel in favor of pursuing my own desires?
5. Do I get easily swayed by "popular" opinion?

Encounter:

Dig deep into God's Word and bathe in the glory of the God who is fully satisfying and sufficient.

Ps. 135:1-21

1 Cor. 2:1-16

Isa. 58:1-14

Isa. 55:1-13

Isa. 40:18-31

Four questions to ask as you explore each passage above:

1. God's Character: Who is God in this passage?
2. God's Promises: What are His guarantees?
3. My Identity: Who does God say I am?
4. My Responsibilities: What steps am I to take?

Exalt:

Based on the truths found about God above:

- Behold (God as seen in passages above)
- Be Still (stop fighting, put down arms)
- Be Filled – Breathe

Inhale: Praise and Thank

Exhale: Confess

Engage:

- Name 2 or 3 reasons to be satisfied in Him.
- See your pride as a source to this struggle. Decide not to listen to prideful frustrations.
- Deny the self-gratifying step and choose to worship and find satisfaction in your God.

 **RESOURCES****ENCOUNTER RESOURCES**

- ESV Study Bible
- Bible Knowledge Commentary
- Expositor's Bible Commentary

EXALT RESOURCES

- Journey to Victorious Praying by *William Thrasher*
- God as He Wants You to Know Him by *William Thrasher*

Links to each of these resources are available at:

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HARVEST BIBLE CHAPEL PEORIA
401 CIMMERON DR
EAST PEORIA, IL 61611
309.713.1700
WWW.HARVESTPEORIA.ORG