

F A I T H
O V E R
F E A R

LIVING IN FREEDOM FROM THE FEAR OF MAN
ISAIAH 40:1-31

1. Understand God's _____ for you: _____ in the truth of the _____. (v. 1-2)

2. _____ the way for the _____: _____ the fear of man as sin
and _____. (v. 3-5)

3. See the big _____ : _____ can't meet your _____. (v. 6-8)

4. Replace _____ with _____ : _____ in the fear of the Lord. (v. 9-31)

DAY 1

Pray: Deuteronomy 31:8 “It is the Lord who goes before you. He will be with you; He will not leave you or forsake you. Do not fear or be dismayed.” Begin this week by thanking God that He never leaves you alone. Ask Him to fill you with the confidence of this reality as you seek victory over fear.

Memorize: Recite Psalm 46:1-3, 10. Write out Psalm 46:11 on the lines below:

Study: Pages 63-66

Pray: In your study today you just read in John 14:18 that we are not orphans in this world – we have a Counselor, the Holy Spirit living in us! Praise God that He has not left you alone; ask Him to speak to your heart this week bringing conviction, comfort, and wisdom.

DAY 2

Pray: Psalm 139: 8-10 “If I ascend to heaven, you are there! If I make my bed in Sheol, you are there! If I take the wings of the morning and dwell in the uttermost parts of the sea, even there your hand shall lead me and your right hand shall hold me.” As you pray through these verses thank God that He is with you always – even in your most difficult days.

Memorize: Fill in the blanks.

Psalm 46:11 “The _____ of _____ is with us; the _____ of _____ is our _____.”

Study: Pages 67-70

Pray: Reflect today on God’s role in your life, not only is He with you, He is working for you. “He is keeping promises and giving grace when you need it. God is never passive, and certainly He is never powerless.” (p. 68)

DAY 3

Pray: Isaiah 26:3-4 “You keep him in perfect peace whose mind is stayed on you, because he trusts in you. Trust in the Lord forever, for the Lord God is an everlasting rock.” Ask God to fill you with the peace that comes from knowing Him and trusting Him. Praise Him that He is the everlasting rock – His promises are sure.

Memorize: Commit the first phrase to memory today. Close your eyes and recite the words slowly, allowing God’s words to sink into your heart.

Psalm 46:11 “The Lord of hosts is with us.”

Study: Pages 71-74

Pray: If you haven’t already, finish today by writing your prayer based on God’s promise to never leave you nor forsake you. (p. 74)

DAY 4

Pray: 2 Timothy 1:7 “For God gave us a spirit not of fear but of power and love and self-control.” As you begin your study today ask God to strengthen you to reject fear through His power and to fill you with love. Ask Him to give you self-control as you take your fearful thoughts captive.

Memorize: Memorize the 2nd phrase of Psalm 46:11 today. “The God of Jacob is our fortress.” Recite the entire verse several times.

Study: Read Mark 4:35-41.

1. In verse 35, what did Jesus say? _____

2. Based upon this, what conclusion could the disciples have made about what was going to happen?

3. What frightening situation occurred next? _____

4. In verse 38, what was Jesus doing? _____

5. What accusation did the disciples make? _____

6. During fearful times it's easy to think that God doesn't care about our situation. Zephaniah 3:17 says "The Lord your God is in your midst, a mighty one who will save; he will rejoice over you with gladness, he will quiet you by his love; he will exult over you with loud singing." How do these words comfort you when you feel that God doesn't care about your situation? _____

7. Notice that the disciples did not ask Jesus to help them. Why do you think they didn't? _____

8. What do you rely on in times of trouble? _____

9. During Week 1, our memory verse was Psalm 46:1. "God is our refuge and strength, a very present help in trouble." What keeps you from believing that this is true? _____

10. In Mark 4:39 Jesus calmed the storm. In verse 40 what was His response to the disciples? _____

11. Why do you think He scolded them rather than offering comfort? _____

12. How would the disciples have responded if they had faith rather than fear? _____

Pray: In our study today the disciples responded to a difficult situation with fear, rather than trusting that what Jesus said would happen. We are not so very different. In closing today, confess to God the times that you were tempted to think that He doesn't care for you. Ask Him to show you areas of ways in which you are responding to life's situations with fear rather than calling to Him.

DAY 5

Pray: 2 Corinthians 1:20 “For all the promises find their Yes in him. That is why it is through him we utter our Amen to God for his glory.” As you begin in prayer today, praise God that all of His promises are Yes in Christ. Ask Him to remove your fearful responses and strengthen you to say “amen” to all He has planned for you.

Memorize: Recite Psalm 46:10 & 11 today.

Study: Yesterday we read in Mark 4:41 that the disciples said, “Who is this, that even the wind & sea obey him?” They were just learning who Christ is and that they could trust Him completely. Thankfully we have the written word of God to study so that we too can know Him and trust that He is faithful to keep His promises. Today we will look at some of the “I am” statements of Christ and consider how we can have victory over fear as we come to know Him better.

1. Read John 6:35, 48-51. As the Bread of Life what does Jesus promise you?

2. Read John 8:12. What can we know when we are tempted to fear the darkness of this world?

3. Read John 10:9-10. Because Jesus is the Door, what do we have?

4. How does it grow your faith to know that He promises “abundant life” to all who enter through Him?

5. Read John 10:11, 14-15. What does it mean to you that Jesus is your “Good Shepherd”?

6. Read John 11:25-26. How can you have victory over fear of death?

7. Read John 14:1-6. When your heart is troubled, what do these verses promise?

8. Read John 15:1 & 5. How can you bear fruit in this life? _____

9. Read Revelation 1:8 & 17 and Revelation 21:5-7. What hope for the future do you have as you read these verses? _____

Pray: As you close in prayer today, praise God for His Word that reveals the character of Christ to you. He is our faithful promise keeper!

1 Thessalonians 5:23-24 says “Now may the God of peace himself sanctify you completely; and may your whole spirit and soul and body be kept blameless at the coming of our Lord Jesus Christ. He who calls you is faithful; **He will surely do it.**”