

# Laying Hold SERMON NOTES

LAYING HOLD OF A POWER METHOD  
MATTHEW 6:5-15 | MARCH 12, 2017  
ADULT MINISTRIES PASTOR  
MARK SCHULER



*Intro:*

1. Get \_\_\_\_\_ without distractions. (5-8)

2. Get \_\_\_\_\_ as you pray:

a. \_\_\_\_\_ Him. (9)

b. \_\_\_\_\_ yourself. (10)

c. \_\_\_\_\_ your needs. (11)

d. \_\_\_\_\_ your sin. (12)

e. \_\_\_\_\_ to escaping temptation. (13)

*Conclusion:*

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### **New Reading Plan:**

**Monday, March 13<sup>th</sup> - Jonah 2:1-10**

*Prayer in our struggle*

**Tuesday, March 14<sup>th</sup> - Psalm 3:1-8**

*Prayer of deliverance*

**Wednesday, March 15<sup>th</sup> - John 17:1-13**

*Jesus prayed for His disciples*

**Thursday, March 16<sup>th</sup> - John 17:14-26**

*Jesus prayed for all believers*

**Friday, March 17<sup>th</sup> - John 15:1-11**

*Laying Hold of Abiding*

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## STUDY QUESTIONS

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**KEY PASSAGE: Matthew 6:5-15**

Opening: Read Matthew 6:5-15. From the passage/sermon, what truths impacted you the most?

1. List what you learn about how to pray from this passage.

2. Read 1 Corinthians 6:12. Prayerfully seek God and ask him to reveal anything that has been replacing your pursuit of Him.

a. How can you take a break from this and replace it with a time of prayer?

## STUDY QUESTIONS

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b. What specific spiritual objective can you pursue as you spend time in prayer? (growth in an area of your spiritual life, wisdom, victory over sin, pursuing reconciliation/forgiveness, etc.)

Application: Verses 14-15 talk about the need for forgiveness. Is there anyone you've been struggling to forgive? Pray about this situation and ask God to give you the strength to forgive them.